

BRIAN

My name is Dr. Brian Helfand. And I'm chief of the Division of Urology at NorthShore University Health System. I'm also an associate professor at the University of Chicago. I've been part of NorthShore for approximately the past 10 years.

HELFAND:

We have a very developed program in prostate cancer. And we believe that we offer the latest in techniques and clinical testing from the start of prostate cancer screening to the diagnosis to advanced prostate cancer care.

We have a team of about 12 urologists and medical oncologists and radiation oncologists, who regularly deal and treat men with prostate cancer at all stages.

The treatment of prostate cancer has really evolved over the past decade. Many men who we used to treat with low risk prostate cancer, we actively follow now.

In fact, we have one of the largest active surveillance programs in the country, and certainly the largest in the Midwest. We have over 800 men who have been followed since 2007 with low risk prostate cancer.

So for men who have intermediate or high risk disease that is localized to the prostate, we do offer surgery, as well as radiation therapy for the definitive treatment.

In terms of surgery, robotic surgery has really become the standard of care over the past decade. We have used the latest robotic equipment from its initiation back in 2005 to today. We offer the Xi da Vinci robotic system as a standard of care for those men who elect surgery as their treatment of choice.