

BroadcastMed | What type of diet will I need to follow before my weight loss surgery?

NOEL A. Leading up to surgery, there isn't a set diet plan per say, but the main goal is to maximize their health prior to getting to surgery. So a lot of patients tend to have comorbidities associated with their weight, their diabetes, or hypertension, their cholesterol issues. And we're really focused on trying to maximize their health going into surgery. So getting their blood sugars under control, getting their blood pressure under control, just so they can have a better outcome afterwards.