

BroadcastMed | How often will I need to visit the nutritionist?

NOEL A. Prior to surgery, depending on what their insurance company requires, they may or may not have to complete some sort of diet history. So depending on their insurance company, it could range anywhere between three to six months before their surgery. If their insurance group requirement doesn't have any requirements set, then they may only see me once for a set nutrition assessment, which every patient's going to have to do.

Postoperatively, the followup is kind of the same with Doctor De la Cruz. So we kind of see each other at the same times. So they'll come at two weeks to see me, then they'll come at one month, three months, six months, nine months, and a year, and then every three months after that.