

## BroadcastMed | Psychologist: What support services are available following weight loss surgery?

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**SHIRLEY A. GAZABON-CAMARGO:** For followups, psychological support services, we have a variety of different treatments. One of them is, obviously, individual therapy. If the patient is in need of individual therapy, I'm here directly to support them and to guide them in management of depression, anxiety if there's any issues in those areas.

Now, obviously, there's also education on stress management. Group therapy, that's available to all patients and may need it. And there's also psychiatric management of depression and anxiety, which entails getting the consultation from a psychiatrist on how what medications could be most appropriately to manage any depression or mood disorder.