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NESTOR DE LA CRUZ-MUNOZ, MD: Choosing a procedure is a very individualized question. I'm a big believer that the patient really will make the best decision if they're well educated. So I think it's my job to educate the patient as best as I can on the advantages and disadvantages of the different operations.

We offer the three different operations that are being offered in the states commonly because each one does have its own advantages and disadvantages. And I don't want anybody to ever think that I'm selling one operation over another. Whereas if I only offered one or two, you definitely would push the ones you offered over the ones that you didn't.

There are different reasons to have different ones. In the seminar and in our discussions, we try to highlight some of the different changes, whether it's reversibility or the effect on diabetes or the complications that you get from it. Every patient sees things a little bit differently and so the choices are very individualized choice.