

[MUSIC PLAYING]

JUDY FORD: My kids and I are extremely close, and always have been. And the thought of not being here for them was, and still is, very overwhelming. Even though they're adults, they're still my babies.

**CAROLYN
BERSON:** When I mean patients, I really try to work at their level. To support them emotionally, to help them identify what their needs might be, to help them understand the diagnosis, and to help them prepare for the journey ahead.

**STEPHANIE
FORD:** This was such a new experience for our family, and for me, particularly to take that role as the primary caregiver. I've never done it before. I don't have kids, so it's not something that was comfortable. And I think without her, things would have been a lot harder, definitely.

**CAROLYN
BERSON:** John Muir is all about giving patients hope, and believing in their future.

JUDY FORD: I say my little prayers to God, and most of what I say are what I'm thankful for. And Carolyn's in my prayer every night. She told my family about the cancer support community, which has been a lifesaver for me. I am a poster child for going from being in a really dark place, to being in a really bright place.

**CAROLYN
BERSON:** It's amazing how courageous Judy and other cancer patients are. There's a strength and a will that comes from within, that allows them to take on the challenges, to move forward, and begin to enjoy life again.

JUDY FORD: Every year they have Strike Out Cancer day at the Giants game. And I was one of the nine to be honored.

**STEPHANIE
FORD:** We have video of her out there, and we're screaming and cheering, and I was like, that's my mom.

JUDY FORD: We went skydiving, we've gone up in a hot air balloon, we've gone zip lining. I will do whatever, you know, if they want to do it, I want to be part of it with them. I want them to have those memories with me, and I want to share those experiences with them. Life does go on. And life can be really good again. And I didn't believe it could be really good again, and it is.