

[MUSIC PLAYING]

JULIE LONG: I am a type A doer. I'm the one who wants to be there for people and fix it or drop the meal off for the friend and now all of a sudden, I'm in that seat.

[MUSIC PLAYING]

My daughter is 18 and she's a senior in high school, my son is a sophomore in high school, and my husband and I, we've been married for 26 years. So thank goodness I had that support. My 16-year-old son, he just looked me straight in the eye and said, mom, we'll get through this.

[MUSIC PLAYING]

At John Muir, there is a culture of patient first that just makes the patient feel extremely blessed. It's amazing to see how the doctors, the nurses, all the way down to the technicians made me feel like I was the one that they were there to care for that day and it allowed me each time just to relax, drop my shoulders and feel like it was going to be OK.

From day one, I felt like I was getting very specific care for my situation, plus taking a look at what my own personal desires were to make my own decision. Just yesterday, I had to have an ultrasound and my doctor was at another location. 5 minutes after I was done with that ultrasound, they had the doctor on the phone explaining the results to me. It was just like I'm in a small world of my own doctors, but the access to everybody has been spectacular.

I had a little hiccup with my healing process due to my own body and I ended up having treatment in these chambers where I got to breathe in pure oxygen. The great news is at the end of the 30 days, it worked. And so it was fabulous-- number one, that it was available to me, and number two, that it was right here in Walnut Creek.

Looking back, I have never had a more heartwarming, more meaningful experience, the feel of being loved and supported, and that's all within the John Muir network. No matter where I've been, it's like you gather a whole other group of best friends.

[MUSIC PLAYING]